

# **Job Title: Wellbeing Lead (Young People)**

**Hours:** 20-24 hours per week, term time only

**Working days:**

- Monday: 8.30am-4.30pm (essential)
- Wednesday: 8.30am-4.30pm (essential)
- Tuesday: Morning (hours to be agreed)

**Contract:** Term time only

**Location:** The Nest Farms, IP139RS

**Reports to:** CEO

## **About The Nest Farms**

Based on a beautiful farm in Suffolk, The Nest supports young people aged 9 to 25 unable to access full-time education or work due to mental health challenges. We provide a safe, inclusive space, where young people can develop resilience, cultivate emotional strength and build the skills needed to navigate life's challenges and re-engage with education and society.

## **Role Purpose**

We are seeking a compassionate, reliable, and motivated individual to manage the wellbeing of our young people within a supportive, farm-based environment. This role combines mental health support, delivery of our PsychEd programme, safeguarding responsibility, programme delivery, and engagement monitoring, alongside supporting day-to-day farm activities. The post holder will play a key role in creating a safe, nurturing, and engaging space where young people can thrive.

## **Key Responsibilities**

### **Programme Delivery**

- Deliver the PsychEd programme to young people in line with organisational values and programme plans
- Facilitate group and one-to-one sessions, adapting delivery to meet individual needs
- Support young people to engage positively with activities, learning, and therapeutic interventions

### **Safeguarding & Welfare**

- Actively manage safeguarding concerns in line with organisational policies and procedures
- Maintain accurate, confidential records of safeguarding and wellbeing concerns

- Work closely with the safeguarding lead and external professionals as required

## **Monitoring & Reporting**

- Monitor and record young people's attendance, engagement, and progress throughout the programme
- Contribute to and complete clear, timely reports at the end of each 12-week delivery period
- Provide feedback to inform programme development and continuous improvement

## **Young People Engagement**

- Build positive, trusting relationships with young people
- Support emotional regulation, confidence, and wellbeing through consistent, trauma-informed practice
- Encourage participation, responsibility, and personal development

## **Farm & Outdoor Activities**

- Support young people to engage safely with farm and animal-related activities
- Assist with general farm activities as part of the therapeutic and educational offer
- Be willing to work outdoors in all weathers and model positive engagement with the natural environment

## **Person Specification**

### **Essential**

- Experience supporting young people with their mental health and emotional wellbeing
- Strong interpersonal skills and a genuine ability to connect with young people
- Knowledge of safeguarding and a commitment to keeping young people safe
- A love of animals and an understanding of their value in therapeutic or educational settings
- Confidence working outdoors in all weather conditions
- Good organisational and record-keeping skills
- Ability to work both independently and as part of a small team

### **Desirable**

- Experience delivering psychoeducational or therapeutic programmes
- Background in youth work, education, mental health, or a related field
- Knowledge of trauma-informed or relational approaches

## **Additional Information**

- This role is subject to an enhanced DBS check
- Training and ongoing support will be provided
- Term-time only working pattern

Please send your CV and Covering letter to: [hannah@thenestfarms.org](mailto:hannah@thenestfarms.org).